



City of Stratford COVID-19 Response Strategy

Activity: LivFit Exercise

Date of Issue: September 1, 2020

Date of Amendments:

Return-to-Activity Plan

The City of Stratford has developed COVID-19 Return-to-Activity protocols (C19-001), in-line with the current regulations and guidelines from the Ontario Public Health Authorities.

This plan may change, and amendment dates will be identified.

For information and updates on the City's plan, please visit <https://www.stratford.ca/en/play-here/covid-19-return-to-activity.aspx> or see attached.

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| 1. Activity Location: | Stratford Agriplex, Fieldhouse |
| 2. Hours of Operation: | To be confirmed |
| 3. Session Details: | 1 hour in length |
| 4. Maximum Participants in Activity: | To be confirmed |
| 5. How to attend an Activity: | Pre-registration; no drop in |
| 6. Cost: | SLAAA membership and LivFit activity fee |
| 7. Physical Distancing: | Required and contact must be avoided |
| 8. Face Coverings: | Not required during activity, but required at other times |
| 9. Health Screening: | Required to be completed at Front Desk |
| 10. Entries/Exits: | Separate entry and exits into space |
| 11. Onset of Illness: | Individual must be isolated to Health Rm or exit facility |
| 12. Drop-in/Spectating: | Not permitted |
| 13. Washrooms/Change rooms: | Fieldhouse change rooms or accessible washroom |
| 14. Hand Sanitization: | Frequent hand washing required |
| 15. Supply of Sanitizers: | City supplied |
| 16. Use of Equipment: | SLAAA to supply; not to be shared |
| 17. Sanitization of Equipment: | Participants to do so before and after use |
| 18. Sanitization of Activity Room: | Participants to complete sanitization of touch surfaces |
| 19. Activity Waiver: | Required to be signed by participants |

Additional Notes:

- City of Stratford Return-to-Activity (C19-001) protocols must be followed, and are part and parcel of the LivFit Return-to-Activity Plan (C19-006)
- Participants are at minimum, expected to sanitize hands and touch surfaces before and after use
- Individual water bottles are required, and can be re-filled in change rooms
- Food and refreshments are not permitted within the activity space
- Participants must enter and exit activity space as per designated signs
- Participants are encouraged to come changed for activity
- Gathering limits will exist inside changerooms; showers not available

Acknowledgement and Support of Protocols:

We acknowledge that we have collaborated on the Return-to-Activity protocols and that we will endeavour to ensure that participants within the activity understand and follow the protocols to ensure a safe return to play.

Signature of Activity Representative

Date

Signature of City Representative

Date